

TrinityTalks



Trinity Episcopal Cathedral
Davenport, Iowa
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From the Dean

When the day of Pentecost had come... (Acts 2:1) If you've read the Bible, you may be

puzzled why Pentecost is the only named Christian holiday. Christmas, Epiphany, and even Easter are not found by name anywhere in the Bible. Why Pentecost?

Pentecost means "fifty" in Greek. In Jesus' time the Jewish people celebrated it as the festival of weeks, fifty days after Passover. They associated it with their ancestors' arrival at Mt. Sinai and the giving of the Law (the Ten Commandments) to Moses. That's why Jesus' disciples, being good Jews, gathered on the day of Pentecost. Little did they expect what would happen!

The second chapter of the Acts of the Apostles has the familiar story of a rushing wind and tongues of fire

and the apostles speaking in the language of foreign peoples. Some churches read it simultaneously in multiple languages to give a feel for what it was like. For the disciples it must have been a mountaintop experience, like that of Moses meeting the Lord on Mt. Sinai.

A totally different view of Pentecost is seen in the fifteenth-century Russian icon "Descent of the Holy Spirit." To our Western eyes, the icon is very strange. Twelve men, including Paul and the four evangelists, sit quietly in an open circle. They are not ecstatically speaking; they are silently reflecting on the indwelling of the Holy Spirit. The only sign of tongues of fire are twelve dark rays at the top. Instead of people of all nationalities, there is a single figure at the bottom surrounded



by darkness. The icon shows the exact opposite of what we would call a "Pentecostal" experience.

Henri Nouwen writes about this image in *Behold the Beauty of the Lord: Praying with Icons*. I like his reflections because they remind us that the coming of the Holy Spirit is not always a mountaintop event. And even if it is, sooner or later one has to come down to the realities of daily life: crying children, aging parents, tension at work or at home, illness and death. It is then that we need what that icon reveals: the quiet assurance of the Spirit dwelling within each and every one of us, the breath of God infusing each breath we take.

The season of Pentecost is the longest one in the church year – six months long, in fact. We hear about the early church and its struggles,

how people following Jesus formed communities that attracted others but also revealed very human failures. The Day of Pentecost is expressed in Acts 2: flashes of fire and the ecstasies of a moment. The season of

Pentecost is about the long haul. It's about endurance, life lived in a community of diversity, built upon the divine breath given to each of us in our unique individuality. Pentecost calls us to bring light to darkness, to bring hope to the world. That's not the work of fifty days. It's the work of a lifetime.

Dean John+

Celebrating New Life & Life Changes

The birth of a child is a joyous and solemn occasion in the life of a family. It is also an occasion for rejoicing in the Christian community. We give thanks to Almighty God our heavenly Father, the Lord of all life for the gifts of:



Hazel Anne, born January 28th to Jessica (Peterson) and Jake Romanello.

Oliver Shawn and **Elise Adeline**, born February 11th, to Julie and Tony Knaak; grandparents, Trish and David Arnold.

Claire Madeline, born February 15th to Betsy & Caleb Recker; grandparents, Gretchen and Craig Cordt; great-grandmother, Kathy Sitz.

Caroline Elizabeth, born February 26 to Sally & Andrew Muench; grandparents, Gretchen and Craig Cordt; great-grandmother, Kathy Sitz.



We also join the families of the following students in celebrating their accomplishments and completion of their high school or college days:

David Moore, son of Barbara Moore, received his BS in Supply Chain Management with a focus in Operations and Logistics from Iowa State, Ames, IA on December 19th. David is currently employed at Hach Company, Ames, IA as a Manufacturing Planner for Kits.

Daniel Tarnow, son of Kathleen and Matt Tarnow, will be graduating from Black Hawk College in Moline, IL on May 18th with his AA degree. Dan is planning on attending the University of Northern Iowa where he will major in mathematics. This summer Dan will be working as a rock climbing instructor at Philmont Scout Ranch in New Mexico.

Rebecca Hixon, daughter of Barb and Bill Hixon, will graduate on June 5th from Knox College with summa cum laude honors, having majored in English Literature with a Double Minor in Creative Writing and Spanish. Becky will be pursuing her doctorate in English at the University of Michigan, Ann Arbor, this fall.

Katherine Axel, daughter of Elizabeth and Andy Axel, will be graduating from Central HS in June with high honors. Katy will be taking a "gap year" before beginning her college days at Santa Clara University in Santa Clara, CA where she plans to major in biology with an emphasis in neuroscience. In Katy's gap year (7 months) she will be traveling to South Africa, India, Ecuador, Thailand and Peru with "Thinking Beyond Borders, a program which introduces students to global cultures with an education focus on developing skills and capacities to lead social impact careers. About 20 students travel together and live within the communities, work alongside local leaders, and develop a deeper understanding of the world".

Christian Sepulveda, son of Velvet and John Sepulveda, will graduate from Rock Island High School on May 28th. Christian will be attending Simpson College in the fall where he will be playing football. He plans on majoring in sport medicine.



All Trinity Picnic Potluck

**Mark your calendars NOW
and plan to join the fun on
Sunday, June 12, 2016**

4:30 - 8:30 pm

**Bettendorf Veteran's
Memorial Park
(Bandshell Shelter)**

**Hosted by 2015-2016
"Breaking Bread" groups**

**Fried and baked chicken and
water will be provided, bring
a dish to share and your own
beverages**

**Sign-up sheets and
more information will
be coming!!**

Bix Weekend at Trinity July 30 - 31, 2016

Saturday, July 30

**7:00 am: Blessing of the Soles",
A short service outside the Main
Street entrance, to bless runners
before the Bix 7 Race.**

**8:00 am: Watch the Bix 7 race
from the grassy area in front of
the Cathedral on Brady Street.**

Sunday, July 31 Jazz Sunday

**8:00 and 10:30 am: Celebrate
Eucharist in the lively Bix Bieder-
becke music tradition, as we
welcome Edgar Crockett and his
Jazz Ensemble at both 8 and
10:30 worship services.**



Why Music? Why Hymns?

Join Augustana voice professor and Trinity parishioner, Dr. Michelle Crouch for a weekly exploration of hymns and music in the Christian tradition: "Hymns Yesterday, Today and Forever." Classes begin Sunday, June 5 at 9:15 – 10:15 am in the Chapel and will continue every Sunday through August 28th. These sessions are a wonderful prelude to our anniversary year that will reflect on the musical contribution Trinity Cathedral has made and continues to make in the QC community. Learn how words and music combine to strengthen our Episcopal tradition, and become the very fabric of people's lives.

Michelle moved to the Quad Cities six years ago to teach vocal music at Augustana College, and found a church home at Trinity. She began singing in the choir, joined Hildergards, is a member of the New Life committee and more recently is a member of Altar Guild. A gifted educator and a student of Biblical theology, literature and music makes her uniquely qualified to lead what promises to be a very lively, informative and fun learning opportunity this summer on Sunday mornings.



Join us the last Tuesday of every month for Trinity Eats. Food, fellowship, and fun!



Highlights

After a daylong retreat in February, the Trinity Cathedral Vestry has begun work on this year's goals and action plans. Regular meetings begin with a spiritual reflection by a vestry member ("How does Sunday translate into Monday?").

Building work has included new outdoor signs, repairs to the Great Hall roof, and tuckpointing of the cathedral apse.

Vestry meetings are open to all on the third Tuesday of each month at 6:30 pm.

To Your Health!

One of the workshops I attended at the annual International Parish Nurse conference was "Humor Therapy", which I think is important for everyone. We need to make and take time to eat together, pray together, and learn to laugh together.

God created laughter for us to enjoy life and to give us resilience in the spiritual journey we take. We need to understand the benefits of laughter. Humor has been proven to enhance healing, provide pain relief and balance to our lives. Laughter benefits the cardiovascular, musculoskeletal and respiratory systems and eases anxiety and stress.

Don't forget to laugh!

*Joanne Stice
Parish Nurse*



There's a new sparkle to the flower vases on the High Altar! Special thanks to Dick Karwath for donating the cost of refurbishing the brass flower vases to the Trinity Altar Guild. The vases were originally given (1992) in memory of Alice Karwath, wife of Dick and mother of Ann and Julie. Alice was a longtime member of Trinity Cathedral and a former Directress of the Altar Guild. We remember Alice in our prayers and are grateful for the generosity of the Karwath family.

Will You Give?
Trinity Cathedral Blood Drive
Tuesday, May 17, 3:30 – 6:30 pm in the Great Hall
Sign up by calling Ann Green at 563-359-7619



Trinity Episcopal Cathedral
121 W. 12th St.
Davenport, IA 52803

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Outreach in Action - King's Harvest



What is King's Harvest?

King's Harvest is a local organization that has existed for 20 years and is supported primarily by volunteers. They help individuals, families and pets by providing meals, a food bank, necessity item giveaway, and a pet assistance program, in addition to a shelter program for men, women, and people with children.

Each month, on the second and fourth Saturdays, Trinity organizes volunteers to assist with serving breakfast, filling bags for the food and necessity item giveaway programs, providing assistance to between 90 and 200 individuals each weekend. In the photo above, members of Trinity and Werner Restoration Services joined forces to clean the basement!

If you are interested in volunteering and/or providing donations for this important and rewarding ministry, contact Shannon Gabrilson [602-459-3099](tel:602-459-3099) or gabrilson@gmail.com.

Donations can also be placed on the Outreach Table in the Parish Hall.